

breakfast sandwiches

All breakfast sandwiches served on your choice of English muffin or bagel. Add bacon or turkey sausage to any breakfast sandwich for \$1.50.

sunrise \$3.99
egg, sliced tomato, fresh spinach, cucumber and American cheese

ham and eggs \$3.99
egg, sliced ham and American cheese

California classic \$4.99
egg whites, spinach, tomato, sliced avocado and Swiss cheese

the all-American \$4.99
egg, choice of bacon or turkey sausage and American cheese. Spice it up...add Sriracha sauce

maple madness \$4.99
egg, American cheese, peppercorn bacon and maple syrup drizzle served on a French toast bagel

the BIG Zing! \$6.99
egg, American cheese, turkey sausage, another egg, Havarti cheese, & bacon sandwiched between freshly toasted English muffin or bagel



toasted PB&B \$2.99
peanut butter and fresh bananas served on English muffin or bagel

toasted NS&B \$4.49
creamy Nutella®, sliced strawberries and fresh bananas with a dusting of powdered sugar on Italian bread

other zingy! options

bagel & cream cheese \$2.99
toasted bagel of your choice

toast and jam \$2.49
enjoy your choice of bread toasted and served with butter and strawberry jam

cinnamon toast \$3.99
mouthwatering Italian bread smothered with butter and cinnamon sugar

hard boiled eggs \$3.99
two hard boiled eggs

side of bacon or turkey sausage \$3.50

handcrafted sandwiches

All sandwiches made to order or
toasted with your choice of a side.

Hoosier classic \$7.99

turkey, lettuce, sliced tomato,
American cheese and Zing! mayo
served on Italian bread

California turkey \$9.49

turkey, tomato, spinach, avocado,
cucumber, Havarti cheese and
Zing! mayo on wheat berry bread

tuna melt \$8.49

Zing! tuna, tomato and American cheese
served on wheat berry bread

the club \$9.49

turkey, bacon, sliced apples,
Havarti cheese and Zing! mayo on
wheat berry bread

ham & cheese with a Zing! \$6.99

ham, pepper jack cheese
and Zing! mayo on
Italian bread

classic BLT \$8.49

crispy bacon, lettuce, tomato & Zing!
mayo on Italian bread

ultimate grilled cheese

\$8.49
bacon, tomato, and American &
Havarti cheeses on Italian bread



buffalo chicken \$8.99

grilled buffalo chicken, tomato,
banana peppers, pepper jack cheese
and blue cheese dressing served
on Italian bread

zingy! wraps

Cuban wrap \$8.99

ham, peppercorn bacon, chopped romaine,
banana peppers, Swiss cheese and
Dijon mustard wrapped in a flour wrap

namaste garden wrap \$9.49

chopped romaine, spinach, tomato,
cucumber, carrot, avocado, banana peppers,
hummus and Swiss cheese wrapped in a
spinach herb wrap

village wrap \$9.99

turkey, bacon, chopped romaine, avocado,
tomato and pepper jack cheese wrapped in
a spinach herb wrap



fresh salads and soup



Our soup is seasonal—please ask our team about options and availability.

strawberry fields \$8.99

fresh spinach, Havarti cheese, almonds, strawberries and grilled chicken served with balsamic dressing

caesar salad \$5.99

crisp romaine, homemade croutons and parmesan cheese with Caesar dressing. Add grilled chicken or a scoop of tuna for \$2.79

Zing! house salad \$5.99

romaine, tomatoes, cucumber, Havarti cheese, croutons and vinaigrette. Add grilled chicken or a scoop of tuna for \$2.79

summer salad \$8.99

grilled chicken, romaine, cranberries, apples, almonds and blue cheese drizzle served with balsamic dressing



kid's meals



All kids meals are served with your choice of side

kid's ham & cheese \$5.99

sliced ham with American cheese on Italian bread

kid's grilled cheese \$4.99

American cheese on Italian bread

kid's turkey & cheese \$5.99

sliced turkey with American cheese on Italian bread

kid's PB&J \$5.99

creamy peanut butter with strawberry jam on Italian bread

kid's mac & cheese \$5.99

Kraft® creamy white cheddar Mac & Cheese



coffee, tea and espresso



served hot

	small	medium	large
freshly brewed coffee	\$1.99	\$2.20	\$2.45
chai tea latte	\$3.45	\$3.95	\$4.25
café latte	\$2.95	\$3.79	\$4.29
cappuccino	\$2.95	\$3.79	\$4.29
caramel macchiato	\$3.75	\$4.69	\$4.99
white chocolate mocha	\$3.75	\$4.69	\$4.99
café mocha	\$3.75	\$4.69	\$4.99
café americano	\$2.29	\$2.95	\$3.35
signature hot chocolate	\$2.75	\$3.25	\$3.55
hot tea	\$2.19	\$2.49	\$2.89

served cold

	medium	large
cold brew iced coffee	\$3.45	\$3.95
caramel frappe (with coffee)	\$5.25	\$5.75
mocha frappe (with coffee)	\$5.25	\$5.75
java frappe (with coffee)	\$5.25	\$5.75
vanilla crème	\$4.75	\$5.55
double chocolate chip	\$5.25	\$5.75

strawberries & crème	medium \$5.25	large \$5.75
chai frappe	\$5.25	\$5.75
iced chai tea latte	\$4.45	\$4.75
fresh brewed iced tea	\$1.99	\$2.09

customize any drink

additional espresso shot	\$0.80
almond, coconut or organic soy milk	\$0.60
matcha scoop	\$1.50
chai scoop	\$0.60
flavor add-on	\$0.60

Choose from: sugar-free vanilla, sugar-free caramel, sugar-free hazelnut, sugar-free chocolate, sugar-free white chocolate, vanilla, caramel, hazelnut, cinnamon, raspberry, chocolate sauce, white chocolate sauce, or caramel sauce



real fruit smoothies



bananaberrie™ medium large
\$4.99 \$5.39
100% fruit juice with no sugar added,
banana, raspberries, blueberries

berry passion™ \$4.99 \$5.39
fat-free yogurt, pomegranate,
blueberries, strawberries

cocolada™ \$4.99 \$5.39
fat-free yogurt, pineapple, coconut,
banana

hawaiian crush™ \$4.99 \$5.39
100% fruit juice with no sugar added,
pineapple, coconut, banana

kale & spinach \$4.99 \$5.39
your choice of fat free yogurt or 100%
fruit juice with no sugar added,
kale, spinach, pineapple, mango

mango fusion™ \$4.99 \$5.39
100% fruit juice with no sugar added,
mango, strawberries, banana,
passion fruit

mango mama™ \$4.99 \$5.39
100% fruit juice with no sugar added,
mango, pineapple

PB & berries™ \$4.99 \$5.39
fat free yogurt, peanut butter,
strawberries, raspberries

peanut butter cup™ \$4.99 \$5.39
fat free yogurt, peanut butter,
chocolate

pom beach™ medium large
\$4.99 \$5.39
100% fruit juice with no sugar added,
pomegranate, blueberries, strawberries

pom bomb™ \$4.99 \$5.39
100% fruit juice with no sugar added, acai,
pomegranate, strawberries, banana

rainforest rhumba™ \$4.99 \$5.39
fat-free yogurt, acai, raspberries,
blueberries

siesta cooler® \$4.99 \$5.39
100% fruit juice with no sugar added,
strawberries, banana

strawberry blitzer™ \$4.99 \$5.39
100% fruit juice with no sugar added,
strawberries

tropical oasis™ \$4.99 \$5.39
100% fruit juice with no sugar added,
strawberries, pineapple, banana

nutritional booster

high energy blend \$0.69

immune blend \$0.69

**multi-vitamin &
mineral blend** \$0.69

protein powder \$0.69



nature's
table
smoothies freshly made at



served by coffee
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