



Breakfast Sandwich

Healthy Start Bowl

Classic Burrito

Breakfast Sandwich 4.99 Cal. 307-377
 Scrambled Eggs or Egg Whites on English Muffin or Croissant with Turkey Bacon or Turkey Sausage with your choice of Cheese

ADD TO ANY MEAL

Breakfast Potatoes Cal. 359 **1.99**

- Add California Avocado 1.50
- Add Turkey Bacon 1.50
- Add Turkey Sausage 1.50
- Add Cheese .50

BOWLS & MORE

Healthy Start Bowl 4.99 Cal. 248
 Scrambled Eggs, Baby Kale, Spinach, Cheddar, Tomato, Scallions, Salsa

Breakfast Bowl 4.99 Cal. 330
 Scrambled Eggs, Cheddar, Potatoes, Turkey Bacon or Turkey Sausage, Salsa

Breakfast Quesadilla 4.99 Cal. 689
 Cheddar, Scrambled Eggs, Turkey Bacon or Turkey Sausage, Side of Salsa

Avocado Toast 2.99 Cal. 224
 Avocado, Lemon Wedge

BURRITOS & SANDWICHES

Classic Breakfast Burrito 4.99 Cal. 629
 Scrambled Eggs, Turkey Sausage, Cheddar and Potatoes

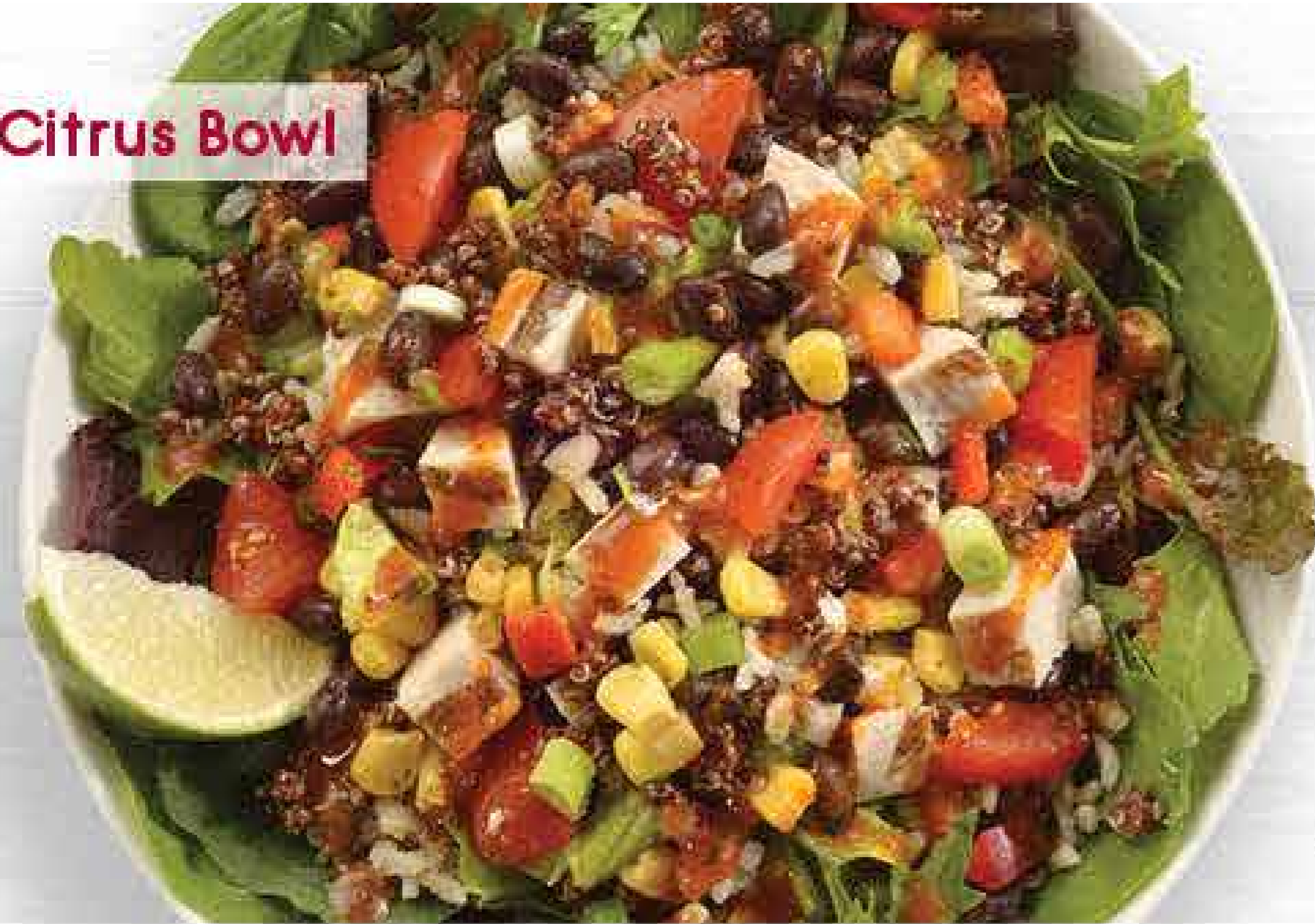
Mediterranean Burrito 4.99 Cal. 544
 Scrambled Eggs, Spinach, Tomato, Olive Tapenade, Feta,

Santa Fe Burrito 4.99 Cal. 675
 Scrambled Eggs, Turkey Sausage, Cheddar, Jalapenos, Salsa, Chipotle Aioli

Breakfast Panini 4.99 Cal. 394
 Scrambled Eggs, Cheddar, Turkey Bacon, Tomato on Panini Bread

Sensible Starter 4.99 Cal. 238
 Egg Whites, Cheddar, Spinach, Tomato on English Muffin

Latin Citrus Bowl



Chicken Tapenade



Fiesta Chicken Salad



PROTEIN BOWLS

All bowls contain Spinach, Baby Kale, Red Organic Quinoa, Brown Rice, and the ingredients below.

GF **Latin Citrus 8.99** Cal. 565

Chicken, Black Beans, Corn Salsa, Scallions, Tomato, Latin Citrus Sauce

GF **Chipotle 8.99** Cal. 681

Chicken, Black Beans, Cheddar, Tomato, Chipotle Sauce

Sesame Thai 8.99 Cal. 691

Chicken, Napa Cabbage, Carrots, Scallions, Toasted Almonds, Sesame Thai Sauce

GF **Carnitas 8.99** Cal. 701

Carnitas, Black Beans, Corn Salsa, Avocado, Fiesta Sauce

GF **GF** **Greek 8.99** Cal. 534

Hummus, Tzatziki, Olive Tapenade, Tomato, English Cucumber, Onion

TOASTED SANDWICHES

Chicken Tapenade 8.59 Cal. 695

Chicken, Spinach, Swiss, Olive Tapenade, Tzatziki

BBQ Pork & Slaw 8.09 Cal. 770

Pulled Pork, BBQ Sauce, Slaw, Cheddar

Turkey Club 8.09 Cal. 602

Turkey, Cheddar, Turkey Bacon, Spinach, Tomato

GF **3 Cheese & Tomato 7.09** Cal. 571

Cheddar, Swiss, Pepper Jack, Tomato

Turkey Cranberry 8.09 Cal. 894

Turkey, Swiss, Cranberry Mayo



Baja Turkey Jack 8.09 Cal. 707

Turkey, Pepper Jack, Tomato, Avocado Jalapeno Mayo

SIGNATURE SALADS

GF **Fiesta Chicken 8.59** Cal. 445

Romaine, Chicken, Corn Salsa, Tomato, Avocado, Tortilla Strips, Fiesta Dressing

GF **Fandangled 8.59** Cal. 323

Romaine, Chicken, Spinach, Baby Kale, Feta, Seasonal Fruit, Toasted Almonds, Blueberry Pomegranate Vinaigrette

Chicken Caesar 8.29 Cal. 378

Romaine, Chicken, Parmesan, Croutons, Caesar Dressing

GF **Mediterranean Chicken 8.29** Cal. 372

Romaine, Chicken, Tomato, Olive Tapenade, English Cucumber, Feta, Onion, Pepperoncini, Greek Vinaigrette

GF **GF** **Taco Salad 8.29** Cal. 526

Vegetarian Chili, Romaine, Tomato, Avocado, Cheddar, Sour Cream, Salsa, Tortilla Strips



WRAPS

Texas Club 7.49 Cal. 709

Turkey, Pepper Jack, Turkey Bacon, Romaine, Tomato, Texas Petal Sauce

Carnitas 7.49 Cal. 654

Carnitas, Black Beans, Corn Salsa, Avocado, Fiesta Sauce

Mediterranean Chicken 7.49 Cal. 635

Chicken, Romaine Tomato, Olive Tapenade, English Cucumber, Feta, Onion, Greek Vinaigrette

Spicy Buffalo 7.49 Cal. 579

Chicken, Romaine, Tomato, Cheddar, Buffalo Sauce

Chicken Caesar 7.49 Cal. 654

Chicken, Romaine Parmesan, Croutons, Caesar Dressing

Turkey, Swiss & Slaw 7.49 Cal. 757

Turkey, Swiss, Slaw, Romaine, 1000 Island

SANDWICHES

All Sandwiches include Lettuce and Tomato

California Club 7.99 Cal. 489

Turkey, Avocado, Turkey Bacon

Chicken Salad 7.99 Cal. 586

Signature Tuna Salad 8.29 Cal. 518

All Natural Turkey 7.49 Cal. 325

 **Avocado Cucumber 7.49** Cal. 353

Avocado, English Cucumber, Onion, Carrot, Spinach

WRAPS

Sesame Thai 7.49 Cal. 779

Chicken, Napa Cabbage, Brown Rice, Carrots, Scallions, Toasted Almonds, Sesame Thai Sauce

Chipotle Chicken 7.49 Cal. 764

Chicken, Black Beans, Brown Rice, Cheddar, Tomato, Chipotle Sauce

Chili-Cado® 5.89 Cal. 341  
Protein Powerhouse: Red Organic Quinoa topped with Vegetarian Chili, Avocado and Cheddar

Soup or Chili

Cal. 50-640

Sm 3.99 Lg 4.99

1/2 SANDWICH & SIDE

Pick 2 just for you 7.99

- 1/2 Sandwich or Wrap
- Small Salad or Soup