

ALL DAY BREAKFAST

- THE GOOD EGG ✓

on rustic baguette—two eggs, NY cheddar, tomatoes, avocado, spinach & lemon aioli | 490 cal

6.92
- PROTEIN POWER WRAP

two eggs, turkey sausage, NY cheddar, avocado, spinach, tomatoes & ABP's own herb aioli in a flour tortilla | 820 cal

7.69
- EGG WHITES, CHEDDAR & AVOCADO ✓

on skinny wheat bagel w/butter | 360 cal

7.47
- EGG WHITES & CHEDDAR ✓

on skinny wheat bagel | 210 cal

5.90
- 2 EGGS & CHEDDAR ✓

on plain bagel, skinny wheat bagel or ciabatta | 290-460 cal

5.71
- with sausage | +160 cal

6.70
- with turkey sausage | +80 cal

6.70
- with hardwood smoked bacon | +50 cal

6.70
- with carver ham | +70 cal

6.70
- substitute egg whites | subtract 70 cal

1.10



- TOASTED BAGEL & CREAM CHEESE

180-420 cal

2.99
- HOT OATMEAL (served until 11am)

small | 170 cal

3.59
- medium | 260 cal

3.80
- large | 340 cal

4.32

SPECIALTY SALADS

- CHICKEN COBB AVOCADO

chicken, romaine & field greens, fresh avocado, hardwood smoked bacon, gorgonzola, hard boiled egg, grape tomatoes, cucumbers & green goddess dressing | 640 cal

12.09
- CHEF

fresh diced turkey & ham, romaine & field greens, hardwood smoked bacon, asiago cheese, grape tomatoes & ranch dressing | 480 cal

11.11
- SOUTHWEST CHICKEN

marinated chicken, romaine, black beans, roasted corn, fresh avocado, cucumbers, grape tomatoes & ranch dressing | 500 cal

11.22
- CHICKEN CAESAR ASIAGO

chicken, romaine, housemade croutons, asiago cheese & caesar dresssing | 480 cal

10.50
- caesar without chicken | 380 cal

8.44
- MEDITERRANEAN ✓

romaine & field greens, hummus, fresh avocado, kalamata olives, feta, grape tomatoes, red bell peppers, cucumbers & balsamic vinaigrette | 450 cal

11.11
- CREATE YOUR OWN SALAD

11.22

✓ = VEGETARIAN

WRAPS

NAPA CHICKEN WITH AVOCADO

with fresh avocado, tomatoes, cucumbers, romaine, basil aioli & lemon vinaigrette | 580 cal

9.77

CHICKEN CAESAR

with asiago cheese, romaine & caesar dressing | 610 cal

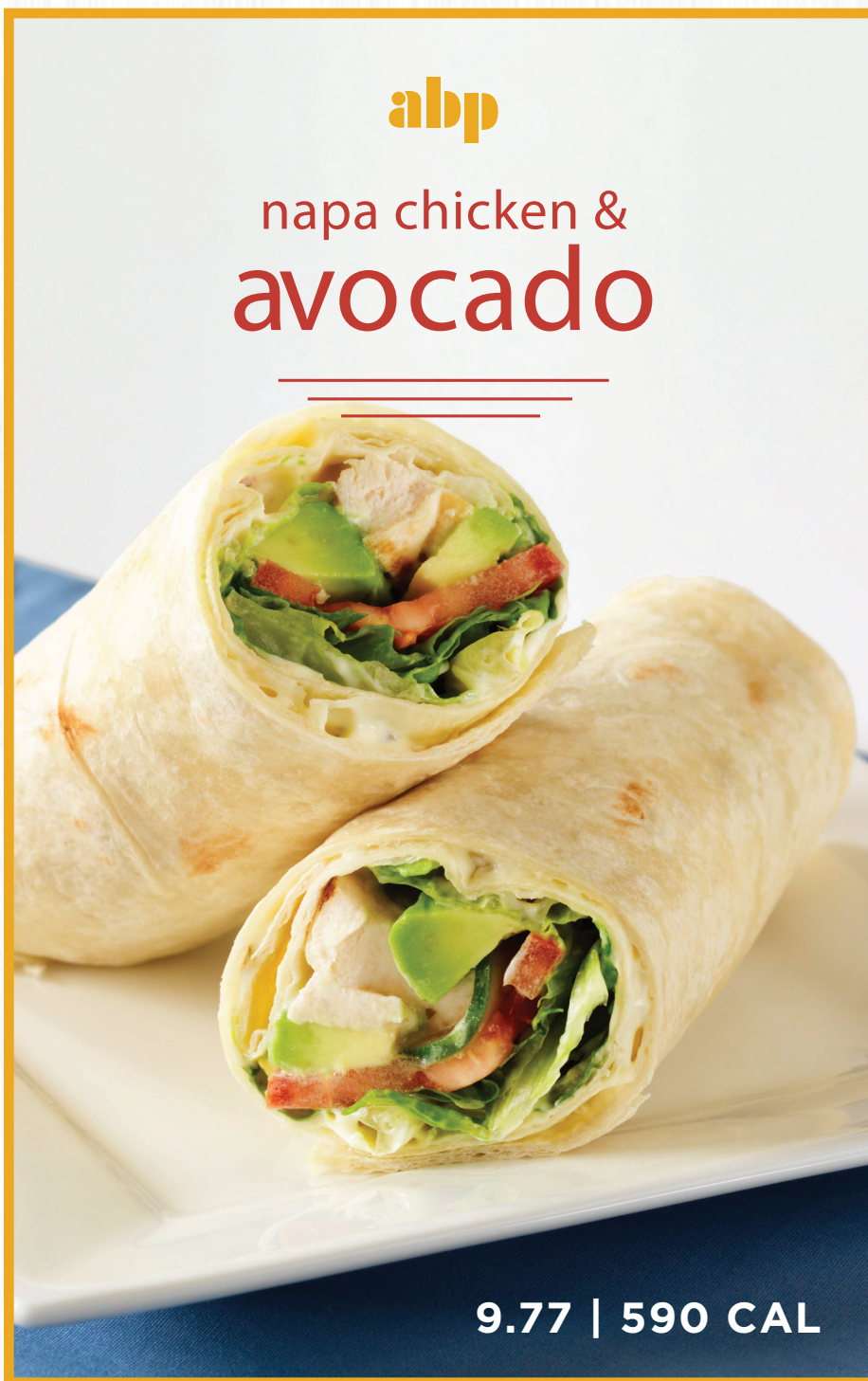
9.16

MEDITERRANEAN ✓

with hummus, fresh avocado, kalamata olives, feta, tomatoes, red bell peppers, cucumbers, romaine, field greens & lemon vinaigrette in a whole wheat wrap | 660 cal

9.77

✓ = VEGETARIAN



CAFÉ SANDWICHES

ABP'S ORIGINAL CHICKEN SALAD

on toasted croissant—with chicken, cranberries and toasted almonds mixed with mayo, tomatoes & field greens | 490 cal

9.36

CLASSIC TUNA SALAD

on toasted croissant—with tuna and ABP signature herb blend mixed with mayo, tomatoes, field greens & red onions | 480 cal

10.39

SIGNATURE SANDWICHES

SERVED HOT OR COLD

CHIPOTLE TURKEY & AVOCADO 10.91

on ciabatta—with fresh avocado, NY cheddar, tomato basil, bruschetta, arugula & chipotle mayo | 770 cal

CAPRESE  9.67

on ciabatta—with fresh mozzarella, tomatoes, arugula & pesto | 540 cal

with chicken | 640 cal 11.32

HAM & TWO CHEESE 10.91

on multigrain—with NY cheddar, swiss, tomatoes, arugula & dijonnaise | 610 cal

TURKEY CLUB 10.08

on toasted country white—with NY cheddar, hardwood smoked bacon, tomatoes, field greens & mayo | 580 cal

SERVED HOT

NEWPORT TURKEY 10.60

on country white—with fresh avocado, NY cheddar, zesty honey mustard | 630 cal

TOASTED CHICKEN & AVOCADO 11.11

on toasted rustic baguette—with hardwood smoked bacon, fresh avocado, tomatoes, field greens & basil aioli | 600 cal

EXTRA BACON BLT 10.29

on toasted rustic baguette—with 6 slices of hardwood smoked bacon, tomatoes, field greens & mayo | 600 cal

CHIPOTLE BLACK BEAN BURGER WITH AVOCADO  11.11

on ciabatta—with NY cheddar, fresh avocado, red onions, tomatoes & chipotle mayo | 740 cal

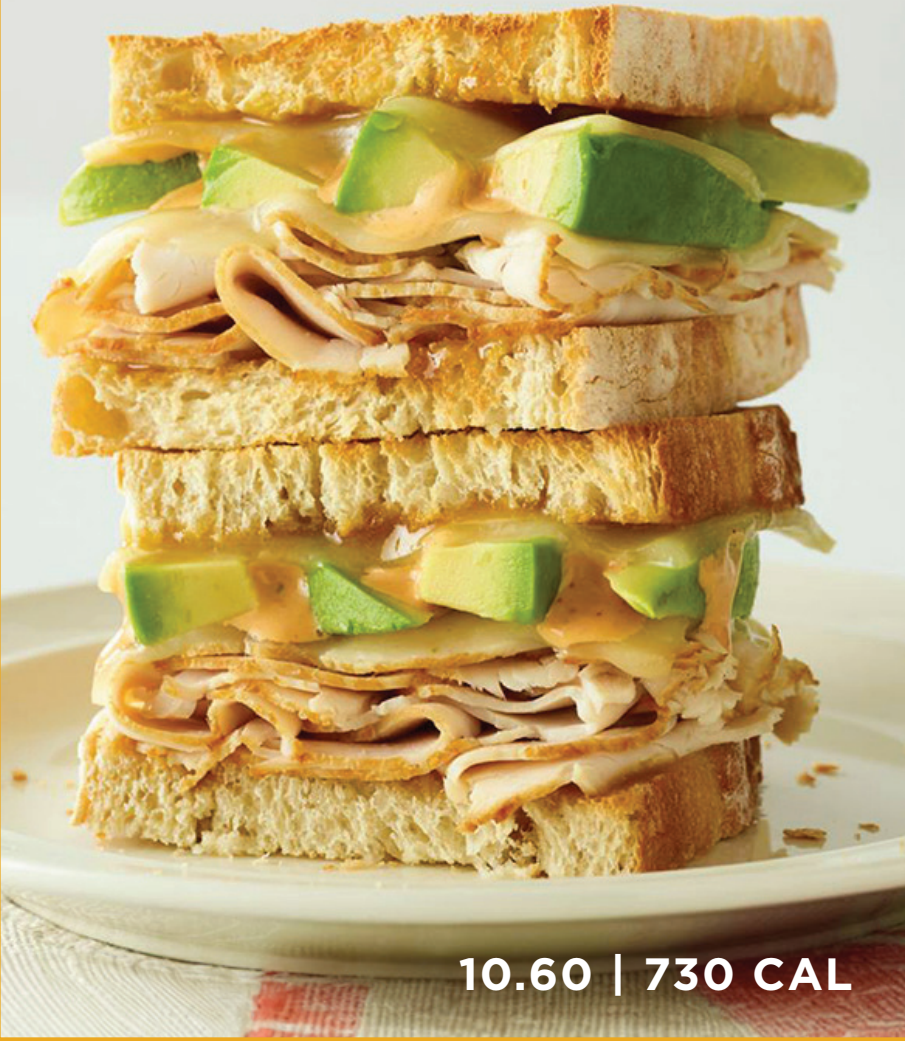
COUNTRY GRILLED CHEESE 8.85

on country white—with four cheese blend, hardwood smoked bacon & tomatoes | 570 cal

SMOKY BBQ CHICKEN MELT 11.11

on rustic baguette—with NY cheddar, zesty spread & vidalia coleslaw | 650 cal

abp
newport
turkey



ADDITIONAL NUTRITION
INFORMATION AVAILABLE
UPON REQUEST.
2,000 CALORIES A DAY IS USED
FOR GENERAL NUTRITION ADVICE,
BUT CALORIE NEEDS VARY.

HOT DRINKS

FRESHLY BREWED COFFEE

FEATURED COFFEES	12oz	2.69	16oz	3.09	20oz	3.39
DECAF COFFEES	12oz	2.69	16oz	3.09	20oz	3.39
COFFEE REFILL	same size as today's purchase					2.69

COFFEE ALTERNATIVES

HOT CHOCOLATE	12oz	4.19	16oz	4.79	20oz	5.59
WHITE HOT CHOCOLATE	12oz	4.49	16oz	5.79	20oz	6.19
HOT TEA	12oz	3.09	16oz	3.49	20oz	3.99
CHAI TEA LATTE	12oz	5.59	16oz	6.49	20oz	7.19
EARL GREY TEA LATTE	12oz	4.49	16oz	5.79	20oz	6.19
CARAMEL APPLE CIDER	12oz	4.49	16oz	5.79	20oz	6.19
STEAMER	12oz	4.19	16oz	4.79	20oz	5.59
CAFÉ AU LAIT	12oz	3.89	16oz	4.49	20oz	5.09

DRINK EXTRAS

1.49

ADD FLAVORED SYRUP | ADD FLAVORED SAUCE
SOY MILK/ORGANIC MILK | ADD ESPRESSO SHOT

ESPRESSO DRINKS

ESPRESSO

AMERICANO	SINGLE	2.79	DOUBLE	3.49	TRIPLE	4.29
MACCHIATO	SINGLE	2.79	DOUBLE	3.49	TRIPLE	4.29
ESPRESSO CON PANNA	SINGLE	2.79	DOUBLE	3.49	TRIPLE	4.29

SPECIALTY DRINKS

CARAMELLO	12oz	5.79	16oz	6.89	20oz	7.49
VANILLA LATTE	12oz	5.59	16oz	6.49	20oz	7.19
ENGLISH TOFFEE LATTE	12oz	5.59	16oz	6.49	20oz	7.19
CAFFE MOCHA	12oz	5.79	16oz	6.89	20oz	7.49
WHITE CHOCOLATE MOCHA	12oz	5.79	16oz	6.89	20oz	7.49
MILKY WAY LATTE	12oz	5.79	16oz	6.89	20oz	7.49
RASPBERRY TRUFFLE LATTE	12oz	5.79	16oz	6.89	20oz	7.49
CAFFE LATTE	12oz	4.49	16oz	5.79	20oz	6.49
CAPPUCCINO	12oz	4.49	16oz	5.79	20oz	6.49

ICED & BLENDED DRINKS

ICED DRINKS

ICED CAFFE LATTE	16oz	5.59	24oz	6.49
ICED VANILLA LATTE	16oz	6.89	24oz	7.49
ICED CARAMELLO	16oz	6.89	24oz	7.49
ICED CAFFE MOCHA	16oz	6.89	24oz	7.49
ICED WHITE MOCHA	16oz	6.89	24oz	7.49
ICED CHAI TEA LATTE	16oz	6.49	24oz	7.19
FRESHLY BREWED ICED TEA	16oz	3.49	24oz	4.19
COLD BREW COFFEE	16oz	6.19	24oz	6.89

BLENDED SPECIALTY

FROZEN CHAI GODDESS	16oz	6.89	24oz	7.49
BLENDED SMOOTHIES				

BLENDED ESPRESSO

FROZEN CARAMELLO	16oz	6.99	24oz	7.79
FROZEN VANILLA LATTE				
FROZEN TOFFEE LATTE				
FROZEN CAFFE LATTE				
FROZEN MILKY WAY LATTE				
FROZEN WHITE CHOCOLATE MOCHA				
FROZEN CAFFE MOCHA				