

## ALL DAY BREAKFAST

### THE GOOD EGG ✓ 7.15

on rustic baguette—two eggs, NY cheddar, tomatoes, avocado, spinach & lemon aioli | 490 cal

### PROTEIN POWER WRAP 7.93

two eggs, turkey sausage, NY cheddar, avocado, spinach, tomatoes & ABP's own herb aioli in a flour tortilla | 820 cal

### EGG WHITES, CHEDDAR & AVOCADO ✓ 7.70

on skinny wheat bagel w/butter | 360 cal

### EGG WHITES & CHEDDAR ✓ 6.10

on skinny wheat bagel | 210 cal

### 2 EGGS & CHEDDAR ✓ 5.91

on plain bagel, skinny wheat bagel or ciabatta | 290-460 cal

with sausage | add 160 cal 6.97

with turkey sausage | add 80 cal 6.97

with hardwood smoked bacon | add 50 cal 6.97

with carver ham | add 70 cal 6.97

substitute egg whites | subtract 70 cal 1.55

### TOASTED BAGEL & CREAM CHEESE 180-420 cal 3.07

### HOT OATMEAL (served until 11am)

small | 170 cal 3.58

medium | 260 cal 4.31

abp

## EGG WHITE CHEDDAR & AVOCADO



7.70 | 360 CAL

## SPECIALTY SALADS

### CHICKEN COBB AVOCADO 12.52

chicken, romaine & field greens, fresh avocado, hardwood smoked bacon, gorgonzola, hard boiled egg, grape tomatoes, cucumbers & green goddess dressing | 640 cal

### CHEF 11.51

fresh diced turkey & ham, romaine & field greens, hardwood smoked bacon, asiago cheese, grape tomatoes & ranch dressing | 480 cal

### SOUTHWEST CHICKEN 11.60

marinated chicken, romaine, black beans, roasted corn, fresh avocado, cucumbers, grape tomatoes & ranch dressing | 500 cal

### CHICKEN CAESAR ASIAGO 10.87

chicken, romaine, housemade croutons, asiago cheese & caesar dressing | 480 cal

caesar without chicken ✓ | 380 cal 8.71

### MEDITERRANEAN 11.51

romaine & field greens, hummus, fresh avocado, kalamata olives, feta, grape tomatoes, red bell peppers, cucumbers & balsamic vinaigrette | 450 cal

### CREATE YOUR OWN SALAD 11.60

✓ = VEGETARIAN

## WRAPS

### **NAPA CHICKEN WITH AVOCADO** 10.09

with fresh avocado, tomatoes, cucumbers, romaine, basil aioli & lemon vinaigrette | 580 cal

### **CHICKEN CAESAR** 9.49

with asiago cheese, romaine & caesar dressing | 610 cal

### **MEDITERRANEAN** 10.09

with hummus, fresh avocado, kalamata olives, feta, tomatoes, red bell peppers, cucumbers, romaine, field greens & lemon vinaigrette in a whole wheat wrap | 660 cal

 = VEGETARIAN



## CAFÉ SANDWICHES

### **ABP'S ORIGINAL CHICKEN SALAD** 9.67

on toasted croissant—with chicken, cranberries and toasted almonds mixed with mayo, tomatoes & field greens | 490 cal

### **CLASSIC TUNA SALAD** 10.73

on toasted croissant—with tuna and ABP signature herb blend mixed with mayo, tomatoes, field greens & red onions | 480 cal

## SIGNATURE SANDWICHES

SERVED HOT OR COLD

### CHIPOTLE TURKEY & AVOCADO 11.28

on ciabatta—with fresh avocado, NY cheddar, tomato basil, bruschetta, arugula & chipotle mayo | 770 cal

### CAPRESE 10.00

on ciabatta—with fresh mozzarella, tomatoes, arugula & pesto | 540 cal

with chicken | 640 cal

### HAM & TWO CHEESE 11.28

on multigrain—with NY cheddar, swiss, tomatoes, arugula & dijonaise | 610 cal

### TURKEY CLUB 10.41

on toasted country white—with NY cheddar, hardwood smoked bacon, tomatoes, field greens & mayo | 580 cal

SERVED HOT

### NEWPORT TURKEY 10.96

on country white—with fresh avocado, NY cheddar, zesty honey mustard | 630 cal

### TOASTED CHICKEN & AVOCADO 11.51

on toasted rustic baguette—with hardwood smoked bacon, fresh avocado, tomatoes, field greens & basil aioli | 600 cal

### EXTRA BACON BLT 10.69

on toasted rustic baguette—with 6 slices of hardwood smoked bacon, tomatoes, field greens & mayo | 600 cal

### CHIPOTLE BLACK BEAN BURGER WITH AVOCADO 11.51

on ciabatta—with NY cheddar, fresh avocado, red onions, tomatoes & chipotle mayo | 740 cal

### COUNTRY GRILLED CHEESE 9.18

on country white—with four cheese blend, hardwood smoked bacon & tomatoes | 570 cal

### SMOKY BBQ CHICKEN MELT 11.51

on rustic baguette—with NY cheddar, zesty spread & vidalia coleslaw | 650 cal

= VEGETARIAN

abp  
NEWPORT  
TURKEY



10.96 | 730 CAL

ADDITIONAL NUTRITION  
INFORMATION AVAILABLE  
UPON REQUEST.

2,000 CALORIES A DAY IS USED  
FOR GENERAL NUTRITION ADVICE,  
BUT CALORIE NEEDS VARY.

## HOT DRINKS

### FRESHLY BREWED COFFEE

FEATURED COFFEES 12oz **2.84** 16oz **3.30** 20oz **3.63**

DECAF COFFEES 12oz **2.84** 16oz **3.30** 20oz **3.63**

COFFEE REFILL same size as today's purchase **2.84**

### COFFEE ALTERNATIVES

HOT CHOCOLATE 12oz **4.22** 16oz **4.81** 20oz **5.50**

WHITE  
HOT CHOCOLATE 12oz **4.54** 16oz **5.82** 20oz **6.20**

HOT TEA 12oz **3.12** 16oz **3.49** 20oz **3.99**

CHAI TEA LATTE 12oz **5.60** 16oz **6.51** 20oz **7.21**

EARL GREY  
TEA LATTE 12oz **4.54** 16oz **5.82** 20oz **6.20**

CARAMEL  
APPLE CIDER 12oz **4.54** 16oz **5.69** 20oz **6.10**

STEAMER 12oz **4.22** 16oz **4.81** 20oz **5.50**

CAFÉ AU LAIT 12oz **3.90** 16oz **4.54** 20oz **5.05**

## ESPRESSO DRINKS

### ESPRESSO

AMERICANO SINGLE **3.12** DOUBLE **4.04** TRIPLE **4.54**

MACCHIATO SINGLE **3.12** DOUBLE **4.04** TRIPLE **4.54**

ESPRESSO  
CON PANNA SINGLE **3.12** DOUBLE **4.04** TRIPLE **4.54**

### SPECIALTY DRINKS

CARAMELLO 12oz **5.82** 16oz **6.97** 20oz **7.52**

VANILLA LATTE 12oz **5.60** 16oz **6.51** 20oz **7.21**

ENGLISH TOFFEE  
LATTE 12oz **5.60** 16oz **6.51** 20oz **7.21**

MILKY WAY LATTE 12oz **5.82** 16oz **6.97** 20oz **7.52**

RASPBERRY  
TRUFFLE LATTE 12oz **5.82** 16oz **6.97** 20oz **7.52**

CAFFE MOCHA LATTE 12oz **5.82** 16oz **6.97** 20oz **7.52**

WHITE CHOCOLATE  
MOCHA LATTE 12oz **5.82** 16oz **6.97** 20oz **7.52**

CAFFE LATTE 12oz **4.54** 16oz **5.82** 20oz **6.51**

CAPPUCCINO 12oz **4.54** 16oz **5.82** 20oz **6.51**

## ICED & BLENDED DRINKS

### ICED DRINKS

ICED CARAMELLO 16oz **6.97** 24oz **7.52**

ICED CAFFE LATTE 16oz **5.60** 24oz **6.51**

ICED VANILLA LATTE 16oz **6.97** 24oz **7.52**

ICED CAFFE MOCHA 16oz **6.97** 24oz **7.52**

ICED WHITE MOCHA 16oz **6.97** 24oz **7.52**

ICED CHAI TEA LATTE 16oz **6.51** 24oz **7.16**

FRESHLY BREWED ICED TEA 16oz **3.80** 24oz **4.04**

COLD BREW COFFEE 16oz **6.20** 24oz **6.88**

### BLENDED SPECIALTY

FROZEN CHAI GODDESS 16oz **6.97** 24oz **7.52**

BLENDED SMOOTHIES 16oz **7.02** 24oz **7.79**

### BLENDED ESPRESSO

FROZEN CARAMELLO 16oz **7.02** 24oz **7.79**

FROZEN VANILLA LATTE

FROZEN TOFFEE LATTE

FROZEN CAFFE MOCHA

FROZEN WHITE CHOCOLATE MOCHA

FROZEN MILKY WAY LATTE

FROZEN CAFFE LATTE

DRINK EXTRAS: ADD FLAVORED SYRUP  
OR SAUCE | ADDITIONAL ESPRESSO SHOT

**1.51**

SOY MILK/ORGANIC MILK

**1.47**